**Lara van der Merwe**

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| **Registered Nurse**  Compassionate and detail-oriented Registered Nurse with 7 years of experience providing high-quality patient care in both surgical and medical wards. Known for delivering evidence-based nursing interventions, strong patient advocacy, and calm leadership under pressure. Skilled in wound care, medication administration, post-op recovery, and patient education. Dedicated to supporting multidisciplinary teams and improving health outcomes across diverse patient populations. | Contact  lara.vdm@gmail.com  (021) 555-0182  Cape Town, Western Cape |

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| Education  **Western Cape College of Nursing**  Diploma in Nursing (Registered Nurse)  2019  Skills Patient assessment & care planning Post-op monitoring & wound care Medication administration (IV, oral, IM) Team leadership and delegation Hospital documentation & reporting systems (Clinicom, Meditech) |  | Experience Registered Nurse – Medical-Surgical Unit Mediclinic Cape GateJan 2020 - Present Lara is responsible for delivering comprehensive nursing care to patients undergoing surgical procedures and chronic illness treatment. Her duties include post-operative monitoring, intravenous therapy, pain management, wound care, and preparing patients for discharge. She plays a key role in family education and regularly collaborates with surgeons, physiotherapists, and case managers to ensure continuity of care. Enrolled Nurse Groote Schuur HospitalJan 2016 - Jan 2020 Starting as an Enrolled Nurse and later completing her bridging qualification, Lara gained extensive experience in acute care, emergency support, and infection control. She rotated through paediatrics, trauma, and internal medicine wards. During this period, she supervised junior staff, participated in infection prevention audits, and coordinated with pharmacy and allied health departments for optimal patient support. |

